



Video #1 Worksheet

I DARE YOU: To create a motto/mantra unique **to you** for 2012.

Get your creative juices flowing, by answering these questions:

What was your biggest success / a-ha in 2011?

What was your most difficult / stressful situation in 2011?

What are you looking forward to in 2012?

If time and money were no concern, what would you be doing right now?

YOUR 2012 motto/mantra

Throughout 2012, _____ your motto in your head.
_____ life with it and _____ when you need
a boost of energy.

For more help creating your motto OR kicking 2012 off with a bang – join the
[Amaze Yourself boot camp](#) starting Monday, January 9, 2012.



www.robynbeazley.com